

LM-Smartz

Usually Good at or Enjoys:

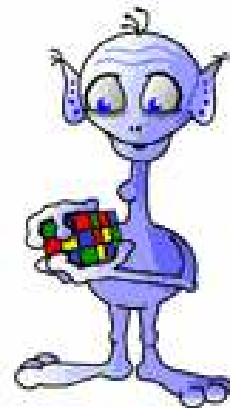
- Working with numbers, computers, calculators and word problems
- Playing strategy games and conducting experiments
- Figuring out puzzles
- Having “stuff” neat and tidy

Description:

LM-Smartz is a logical thinker! Everyone calls on LM if they need help with math or with those aggravating word problems! If your computer is acting up or you can't figure out how to use the calculator, LM-Smartz will gladly rescue you! LM likes to play strategy games like checkers and usually wins. Shhhh... right now LM is playing a puzzle called the Rubik's cube.

Do these statements Describe you?

- I enjoy solving math problems.
- Thinking through a problem is easy for me.
- I enjoy working with numbers.
- I can usually solve puzzles and brain teasers.
- Riddles are a fun challenge.
- I feel rewarded when I solve a hard problem.
- I am usually good at math.
- I enjoy games with numbers or challenging questions.
- I prefer brain games over physical games.
- Handling numbers and changing money is pretty easy for me.



Logical Intelligence

How you learn Best?



Always start with the concrete (ex: facts, numbers) before moving to the abstract (ex: ideas, opinions, concepts, reading between the lines).



Look for patterns and categories in the information you read or gather.



Always challenge yourself or compete against your best.



Use mnemonics, an easier way to remember things by making up formulas.



Work with strategy games and puzzles.



You get really frustrated working in groups where your goal or mission is unclear. If your goals are unclear, stop and ask the teacher to help you better understand exactly what needs to be done.



Link everything you learn to real-life situations and apply it to your life in some way.



You perform your poorest when using worksheets with endless, unchallenging blanks to fill. If you must do them, create an imaginary challenge or contest for yourself while completing the worksheets.

VS-Smartz

Usually Good at or Enjoys:

- Doodling, sketching, drawing, building, designing and creating things to show your ideas.
- Daydreaming and creating pictures in your mind while you read or think about something
- Understanding maps and diagrams
- Viewing movies and pictures

Description:

VS-Smartz is such a doodler and is often called on by friends to sketch a little picture of something. VS uses lots of colour, like highlighters, and can describe or illustrate things very well because it's so easy to "see it in the mind". Although it's sometimes difficult to communicate with words, VS can fill a notebook with all kinds of lines and shapes and doodles that represent outstanding thoughts and ideas. At home, VS doesn't mind working on favourite artistic or craft projects for long periods of time.

Do these statements Describe you?

- Learning is easier when I can watch videos or anything that is shown in pictures.
- Math is easier when there are tables and graphs.
- I usually don't understand the stories I read unless they have pictures.
- If you show me a diagram or picture, I can pick up a new skill fairly easy.
- I learn best with a picture or diagram.
- I am always watching TV, videos, etc.
- Show me how to do something; don't tell me.
- I am most content when I am watching/viewing something.
- Drawing a map helps me understand directions better.
- It helps me to see something before I learn about it.
- I would rather watch an activity than participate in it.



Visual Intelligence

How you learn Best:



Sketch diagrams or pictures of problems you need to solve.



When taking a test, recreate pictures in your mind from your studies. Transform words into pictures.



Organizing your notes or other information on large sheets of drawing paper using shapes and colors to show the different categories



Try out different kinds of art forms (painting, sculpting, pottery, creating flower gardens, etc.).



Experience or get your hands on whatever you're studying at the time.

Ver-Smartz

Usually Good at or Enjoys:

- Usually good at or enjoys:
- Telling jokes or stories
- Writing or speaking or both
- Reading books
- Nonsense rhymes and tongue twisters
- Spelling words
- Word games

Description:

Ver-Smartz can't wait to grab a new book and curl up in a favourite reading spot. Ver can communicate well with others, either by speaking or writing. Ver thinks in words and comes up with ideas easily. Ver likes to play around with catchy phrases and nonsense rhymes.

Do these statements describe you?

- One way learning is easier is when I can talk about things.
- Reading comes easy for me.
- One way learning is more fun is when I can write about the subject.
- Writing down my thoughts is easy.
- I express myself well.
- Words are important to me.
- Using words to communicate is easy for me.
- I feel confident when I write.
- Reading is one of my favorite hobbies.
- I am at my best when I am talking.
- Words are a useful way to communicate.
- If I had to choose a way to express myself, it would be writing or speaking.
- I am most comfortable with a good book.
- How you learn best.



Verbal Intelligence

How you learn Best:



You learn best when you are speaking, listening, reading, or writing. Isn't that great? What an advantage you have in most learning situations!



Don't play it safe when you write or speak. Yes, it's risky business when you write and you're sometimes afraid of being criticized for your work. Instead, stretch yourself, use your imagination, and don't hold yourself back by being too critical or afraid to try new things. Reach for the stars!



When you study, take time to say, hear, and see the words you're reading.



Surround yourself with all kinds of reading material. Enjoy your well-developed language abilities.

Mu-Smartz

Usually Good at or enjoys:

- Keeping a beat or rhythm
- Singing and remembering words to songs
- Playing an instrument or wanting to play
- Humming and whistling a tune
- Tapping out a beat to music with a pencil or with your feet

Description:

Mu-Smartz is one toe-tapping, pencil-tapping, finger-snapping, humming alien! Mu can find the beat to a song when everyone around is still looking for it! Forget the lyrics to a song? Call Mu. Need music for a play? Call Mu.

Do these statements describe you?

- Music is one of my favourite things.
- I am always tapping or beating on something.
- I enjoy playing an instrument or singing.
- One of my goals is to be a better musician.
- I think about or spend time on musical activities almost every day.
- Music brings out the best in me.
- Music is one of my favourite hobbies and interests.
- Learning is easier with music.
- I'd rather be playing music or singing.
- I express myself best with music.
- Music, song or dance makes me happy.



Musical Intelligence

How you learn Best:



Play soft background music (with no words) while you study or relax.



You need to hear songs, stories, poetry and music while learning



Turn your study notes into cheers, jingles or songs by creating music mnemonics.



Avoid studying in an area with random noise, side talking, or harsh sounds. Make time for yourself after school to enjoy your musical talents.



If a family member is unable to arrange music lessons for you, ask the school counsellor or teacher.



Speak out loud (and/or record & play back) your thoughts and answers as you study.



Tap out a beat when memorizing a list of items. Turn the list into a rap or jingle. Make the words fit a tune you already know.



You're a great storyteller! Turn your notes into a story that contains a beginning, middle, and an end.

BK-Smartz

Usually Good at or enjoys:

- Being active and always moving, tapping and fidgeting a lot
- Using your hands, and acting out things
- Fixing things
- Mimicking other people's mannerisms or behaviours
- Sports and other physical challenges

Description:

BK-Smartz is always on the move! Full of energy and very coordinated. BK often fidgets and uses body language to communicate emotions. If you stop by to talk, BK will most likely touch your arm while talking back to you. When the ball is thrown, you can expect BK to catch it! When someone wants to play a game or sport, BK is the first to join the team.

Do these statements Describe you?

- I am happier if I can play a game.
- Physical activity is more my thing.
- I'd rather be doing something other than sitting still.
- If I can't be playing, I'd still prefer to think about playing.
- Participating in an activity is more fun than watching.
- I'd rather do something than talk about it.
- If I had to choose between playing a game or playing music, I would choose a game.
- If I had to choose between a brain game and a ball game, I'd choose the ball game.
- Athletics is a big part of my life.
- Movement is a comfortable way to express myself.
- I am my best when I am doing something physical...



Kinesthetic Intelligence

How you learn Best:



Act out the information you are studying or make up movements that stand for the things you need to study.



Explore what you're learning about through touch.



Whenever you move your body while you're learning something new, the neural activity in your brain increases and causes adrenaline to flow which helps store the new learning in long-term memory.



Take exercise breaks or short stretches when you study.



Since you're easily distracted by the movements of others and by others sitting too close to you, make a point to study where you are most comfortable and not distracted.



Volunteer to be the "traveller" when working in groups at school to compare answers between groups or to be the materials manager who gets supplies, records data or assists the teacher.



Try standing at a counter or kitchen bar (taller than regular tables) to do your work or read.

Intra-Smartz

Usually Good at or Enjoys:

- Motivating oneself to do well on independent study projects, working well alone
- Being alone to pursue some personal interest or hobby
- Being independent
- Thinking about things
- Planning and being productive

Description:

Intra-Smartz is usually quiet and really enjoys spending time alone or working alone on favorite hobbies or interests. Intra is very responsible, but sometimes you can catch Intra staring off into space with a day dreamy look while thinking or reflecting. Intra “marches to the beat of a different drummer” and has interesting thoughts, opinions and ideas about life. Want something done? Call Intra! Being goal centred and productive, Intra has the “stick with it-ness” to see things to the end and complete the task.

Do these statements Describe you?

- I sometimes enjoy spending time alone.
- I am happy with or without a friend around.
- I like to discover new things about myself.
- I know myself pretty well.
- I have goals for my future.
- I know what I am good at and what I am not. I know what I like.
- I have a set of personal rules I try to follow.
- I will not allow anyone to mistreat me.



Intrapersonal Intelligence

How you learn Best:



Make time to be alone for reflection, thinking about things, reading, exploring new topics, and pursuing your interests.



Don't let others make you think that it is strange or odd to need time alone. This is perfectly normal for self-disciplined individuals like you. Some of the greatest inventors and philosophers spent time alone! That's when you can be most productive!



Don't put yourself down if you can't answer questions immediately. You like to have time to reflect upon your answers. When teachers don't allow enough wait-time for answering questions, it is only natural for you to get frustrated. Allow yourself to make choices about what, when, where, and how to learn.



Make plans for, record, and track progress for meaningful learning tasks. You might enjoy a "double-entry" journal where you leave space for the teacher to respond to the thoughts you enter in the journal.



Take time to have private conferences with your teachers. Since you tend to be quiet, it helps for teachers to know and appreciate your interesting ideas, thoughts, insights and opinions. Don't hide your wonderful talents and abilities.

Inter-Smartz

Usually Good at or Enjoys:

- Having a lot of friends
- Talking and working with people
- Joining groups and socializing
- Understanding and motivating people
- Knowing how others feel or imagining what they think

Description:

Inter-Smartz is everyone's friend, Inter can get along with almost anyone and loves to hang out with a big group. A real team player, that Inter is! If you need advice or someone who understands, you can count on Inter. If persuasion is what you need, Inter can talk almost anyone into doing anything. (About the only time that Inter frowns is when left alone).

Do these statements describe you?

- I learn better when I have a partner.
- School is easier when I can get a friend to help me.
- Next to family, my friends are one of the most important things in my life.
- I can always be found with a group of people.
- I have learned a lot by watching other people.
- People who are different than me are fascinating.
- I enjoy making new friends. I get along well with others.
- I communicate well with my family and friends.
- I can tell when someone is upset with me.
- I can tell how a person is feeling when I watch them closely.
- I work hard to be a good friend.



Interpersonal Intelligence

How you learn Best:



Study in small groups. With your ability to pick up on the feelings of others, it is good for you to assume a leadership role and teach the others in your group.



Discuss your studies with a friend or family member.



"Teach" what you need to learn to someone else, or line up all your favorite stuffed animals and hold class!



Tutor a younger friend or neighbor.



Study in a room with close family or friends working quietly nearby. Train yourself to enjoy their presence as you study, but resist the urge to interact with them unless you truly need assistance.

Nat-Smartz

Usually Good at or Enjoys:

- Examining natural objects, like clouds and rocks
- Being outdoors with plants, animals and noticing landscapes
- Scouting or camping
- Bird watching or studying dinosaurs

Description:

If you can't find Nat-Smartz, just look outside!! Nat is curious about the earth's environment, its objects and all living things. You should see the nature collections maintained by Nat. The different categories and groups of objects will amaze you. Want to plan a camping trip? Call Nat! Need a weather forecast? Call Nat!

Do these statements Describe you?

- I am happiest when I am outdoors.
- I am fascinated by nature: birds, animals, clouds, etc.
- The weather affects my mood.
- I like to collect rocks, leaves or other things from nature.
- I have been given a part in taking care of the world.
- I learn about the world by investigating nature.
- I am comfortable in nature. I see patterns in nature.
- I like to fish and/or hunt.
- I can find beauty in nature.
- I like camping.



Naturalist Intelligence

How you learn Best:



Make the connection between your school studies and the world around you.



Use graphic organizers to categorize information and see the patterns, like you do so well in nature.



Study outside or by an open window, whenever possible.



Find a way to have access to a laptop and science probes or other scientific equipment, and then take your science lessons into nature!



Get involved with ecological problems, like preserving a park or cleaning up beaches.



Let your natural curiosity guide your questioning in class and while you study.



Your ability to notice the little details and patterns that others miss can work to your advantage. Build on this strength by forcing yourself to see the big picture, too.



You have a tendency to stay involved with activities, not wanting to stop, and this intense focus is good. However, stay aware of project deadlines and learn to pace yourself. It helps to plan ahead for projects and set time limits for each phase of your work. Ask a friend or family to help you stay on track.